



MINDFUL MONDAY

Our in-house therapist, Dr. Faizah, is accepting appointments only, for up to 5 free sessions when referred through Transolutions Research and Resource Center. (Please request service per options below.) Mondays are staff training days so it is important to request service , as staff will be in sessions.

Office Hours

- Monday 9am - 5pm (by appointment only)
- Tuesday 9am - 5pm
- Wednesday 9am - 5pm
- Thursday 9am - 5pm
- Friday 10pm - 2pm

Center is closed for lunch Monday through Thursday
1pm - 2pm

To request service please complete our form by:

Scan QR Code



or by visiting this link :
<https://forms.gle/3YxzadmX8w5nGYav5>

104 E 38th Street, Indianapolis, IN 46205